

UltraTrek Bear Creek 2025 – FAQ

 **Bear Creek Mountain Resort** |  **Sunday, April 6th, 2025**

THIS EVENT WILL BE TAKING PLACE RAIN OR SHINE.

We'll plan to assess the situation further if thunderstorms become a concern while athletes are on the mountain. **We'll have a bag drop in the Bear Creek Lodge, so definitely bring a dry pair of socks and shoes and a change of clothes so that you can enjoy the post-trek celebration.**

Bibs & Bib Pickup

I (am injured / forgot that April 6th is my mom's birthday / ate three week old sushi / forgot to train for this) can I get a refund or a deferral?

We do not offer refunds, but we do have a \$20 no-questions-asked deferral policy that will defer your entry to next year. [This link will walk you through the deferral process.](#)

Can I still get my bib mailed?

No. **Bib mailing is no longer an option.** All bibs were mailed on **March 25th.**

What if I don't receive my bib in time?

If your bib does not arrive before race day, **your original bib number will be canceled**, and you can pick up a **replacement bib** at bib pickup.

When and where is bib pickup?

 **Lower Lodge, Bear Creek Mountain Resort (across from ski rental shop):**

- **Trek Day: Sunday, April 6th: 6:00 AM – 9:30 AM**
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Ruck Weighing (Required for Ruck Swag)

Who needs to weigh in?

Anyone trekking with a **20 lb or 35 lb ruck/vest** and hoping to qualify for ruck swag.

Will UltraTrek provide rucks?

No. Participants are required to bring their own rucks/weighted vests.

When & where does ruck weighing happen?

 **Upper Lodge (upstairs from bib pickup)**

 **Sunday, April 6th from 6:00 – 9:30 AM**

Does food/water count toward my ruck weight?

No. Perishables that you will consume on course do NOT count toward your ruck weight.

What happens if I'm underweight?

You will be required to add weight to your ruck. *DO NOT take anything from the start/finish area to augment weight.*

Bring Your Own Food

Can I bring my own fuel?

Yes! You can **drop your food** at aid station three—right near the entrance to the Bear Creek Lower lodge—before you start!

- Must be **clearly labeled with your LAST NAME**
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Aid Stations

All aid stations will offer:

- **Water**
- **Tailwind Endurance (Mandarin Orange)**

Aid Stations 1 & 2 will also include:

- Food from **The Granola Factory**
- **Gluten-free muffins, salty snacks, and fruit**

Aid Station Locations:

- **#1:** Top of mountain (~2 miles)
 - **#2:** Bottom by retaining pond (~4.5 miles)
 - **#3:** Just before start/finish (~6.75 miles)
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Bag Drop

Where can I store my gear?

Bag drop will be on tables available in the **upper lodge**.

Not secure – do not leave valuables.

We recommend packing **dry clothes, extra socks, and shoes.**

You may leave valuables in your **car**, which is located conveniently close to the start/finish area.

Pre-Race Coffee

The **Endo Café Truck** will be on-site starting at **6:00 AM**, serving:

- Coffee
 - Lattes
 - Espresso drinks
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Start Times & Format

We use an **open start window**:

7:00 AM – 10:00 AM

Start is **metered**, with groups of 6–8 going out every 30 seconds. Larger groups may request to start together.

Recommended Start Times by Distance:

- **28 miles (Level IV):** Line up to start at 7:00 AM
 - **21 miles (Level III):** Line up to start between 7:30 – 8:00 AM
 - **14 miles (Level II):** Line up to start between 8:00 - 8:45 AM
 - **7 miles (Level I):** Line up to start after 8:45 AM
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Post-Trek Party


Begins at 11:00 AM — consider timing your shorter trek to finish during the celebration!

Featuring:

- **DJ Jamal**
 - **Food Trucks:**
 - *Taco Town* (Tacos)
 - *Spuds* (Burgers, dogs, platters, fries)
 - *Pretzel Revolution* (Stuffed pretzels)
 - *Polar Bar* (Alcohol)
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Other Important Info

Can I bring my dog?

 **No dogs allowed.** Due to insurance requirements, dogs are not permitted on course or in the start/finish area. Participants or spectators with dogs will be asked to remove them.

Are strollers allowed?

 **No strollers on course.**

What's the trail like?

A mix of:

- Wide, packed gravel
- Some pavement
- Some **technical, rocky single-track**

We recommend:

- **Trail shoes** or **hiking boots**
 - **Hiking poles** are permitted & encouraged!
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Swag & Timing

Swag pickup will be at the **finish area** and includes:

- **T-shirts** (we cannot exchange sizes)
- **Medals** (for Levels 3 & 4)
- **Patches**

- **Canvas bags**
- **Water bottles** (for those carrying 20 & 35 lb. rucks)
- **Mountain whiskey glasses** (for those carrying 35 lb. rucks)
- A **complimentary beer** ticket from **New Trail Brewing Co.** (for those 21+)

Will I get a time?

Yes! You will receive a **finish time**, but **this is not a race**—it's a **test of strength, stamina, and grit**.



Course Closes at 5:00 PM



Final loop must be **started by 2:45 PM**

Have more questions? Just reply to this email or message us on social! We can't wait to see you on the mountain 🏋️ 🏔️

UltraTrek Bear Creek Team

#UltraTrekBearCreek #TestYourStrength #RuckTheMountain